

How to Cure Almost Any Cancer at Home for \$5.15 a Day

by Bill Henderson with Andrew Scholberg

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Summary

Chapter 5 of Bill Henderson's book lists **7** suggested self-treatment items. This page is a summary of the listed suggestions, with links to websites where items can be purchased. The hope is that this page will help you simplify purchasing items and implementing the cancer prevention and/or treatment program. For an **On-Line** version of this Page, See: www.sundropcrystal.com/survivecancer

Summary of the Seven Recommended Self-Treatments:

1. Beta 1, 3D Glucan for immune-system stimulation. One capsule Per 50 Pounds of Body Weight, on an empty stomach, 30 minutes before eating or drinking anything. Take first thing in the morning, or in the night if you wake up. Use Transfer-Point-Beta-Glucan-500mg capsules. Source: Ancient Elements. <http://www.ancient5.com/Transfer-Point-Beta-Glucan-500mg-p/tpbg-500-60.htm>

2. Flaxseed Oil and Cottage Cheese Smoothie (Budwig Protocol). Purchase any low-fat cottage cheese at your favorite store. Purchase Fresh Organic Flaxseed Oil at Barlean's. www.barleans.com/flax-oil.asp. Choose either Unfiltered (Blue Label), or Filtered (Red Label).

Extremely **Helpful Tool** for making smoothies: **NutriBullet**. Powerful simple little blender. Available at numerous retail stores, including JC Penney and Walmart. This is a WONDERFUL kitchen appliance, few parts, effective, easy to use and easy to clean! <https://www.nutribullet.com>
<http://www.walmart.com/ip/NutriBullet-Nutrition-Extraction-System-As-Seen-on-TV/20551534>

3a. Heart Plus (Vitamin C and Amino Acids). Recommendation is six caplets per day, two at a time, three times a day. Take together with Green Tea Extract (Next, See 3b).
Purchase: Our Health Co-Op (previously MakingHealthAffordable.com)
http://store.ourhealthcoop.com/SearchResults.asp?Extensive_Search=Y&Search=heart+plus

3b. Green Tea Extract. Recommendation is three capsules per day (one, three times a day). Take together with the Heart Plus (Above, 3a). Purchase: Our Health Co-Op
http://store.ourhealthcoop.com/SearchResults.asp?Extensive_Search=Y&Search=green+tea+extract

4. Barley Power. Recommendation is twenty tablets per day. Take six or seven about 15 minutes before each meal. If you are not eating three meals a day, then take them two hours after eating. Source: Green Supreme www.greensupreme.net

5. Cancer Fighting Diet. Avoid sugar in all forms, processed food in all forms, animal protein, dairy (except for the cottage cheese and flax oil mixture), and gluten. Maximize raw, whole vegetables. For variety, eat gluten-free, sprouted bread products, flaxseed crackers, cereals (millet, quinoa, etc., without gluten and with almond milk).

6. Vitamin and Mineral Supplement. Recommendation is to take two packets of Daily Advantage each day. Source: Dr. David Williams www.drdauidwilliams.com/a-z-product-index/daily-advantage

7. Vitamin D3. Recommendation is 25,000 IU per day until your blood test shows a level of 70 or higher. Then take 10,000 IU per day indefinitely. Source: Puritan's Pride. www.puritan.com
<http://search.puritan.com/search?view=grid&w=vitamind>

NOTE: We are making NO money on the sale of any of these products. This page is strictly informational.